

News from St George's



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November Parties and Visitors

We started November with a bang, literally, with our Bonfire Night party.

In the afternoon Chris Clarke entertained us on the guitar with lots of our old favourites and as darkness fell we moved outside and settled ourselves comfortably in coats and blankets to watch the fireworks.



After all the oohs and aahs we came in to the cosy warm dining room and enjoyed a lovely Sausage Casserole and a very sparkly meringue dessert, with fruity firework kebabs!



Everyone really enjoyed the evening and it will definitely be an annual event on the St. George's calendar.

Our Christmas shopping trip was a great success and the rain didn't dampen our enthusiasm. We had fun looking at all the Christmas gifts and decorations and revived ourselves with tea and scones before returning home.

Peter Triggs gave us a lovely slide show and talk on Exmoor and the Brendan Hills, a great way to appreciate the scenery from our armchairs.



Our Christmas lunch out at the O'Bridge for staff and residents was lovely—the staff were so welcoming and the food was a festive treat. We enjoyed the Bingo

after lunch and a jolly good time was had by all.

Alex Simson from Story-Well told us a wonderful folk tale about Jaguar, Sister Crab and King Condor which transported us to the South American jungle. Alex is a wonderful storyteller with a very relaxing style.

John French from The Heritage Trust with his colleague Emma from The Rural Life Museum joined us late in the month with a reminiscence afternoon on food and farming. The old photographs and tools brought back so many memories that the afternoon went by far too quickly, and we hope to see them both again soon.



December was a Time for Seasonal Fun

December began with a visit from violinist Abigail Todd, her playing was wonderful and we were transported by the music and her relaxed style. The Songs of Praise Christmas concert was much enjoyed and we spent a lovely afternoon singing carols and participating in the service. Our annual Christmas visit from the Brownies was

lovely as usual. After the singing they joined us for some reindeer biscuits made especially by Freddie and the Christmas crackers were a great success!

We visited Queen's College for the Rotary Club Christmas party and had a really



lovely time. The music, singing and afternoon tea all went down very well.

We supported the NSPCC by wearing our Christmas jumpers.

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December Fun (cont...)

On the same day we had a visit from Juniper the Donkey from the sanctuary in Sidmouth. He was very well behaved and seemed happy with all the attention he was getting, and was also sporting his Christmas finery!



St. George's Church Choir gave us a lovely evening of carols and lessons and reminded us of the true meaning of Christmas. The service was followed by some super festive food and mulled wine.

Claire and Beth's Christmas bingo was great fun with everyone winning a prize at some point in the game, the magic of Christmas!

Our trip to Burnham to see the lights was lovely. The lights were amazing and we really appreciated being able to take a good close look. After braving the

elements we were ready for our take away fish and chips which went down a treat.



St George's Christmas party was great fun. The staff entertained the residents with a musical Christmas medley, dancing and merry making.

Little Harry Bexter did a wonderful job of being Santa and handed out all the Christmas presents, and then we shared a delightful buffet supper.



Malcolm Gregory joined us on Christmas Eve for an afternoon of music and singing, he is a real favourite with us all.

The Strictly Come Dancing final was a must see. Having been

following the series we enjoyed scoring with our special cards made by Dee and Olivia and watched the concluding results show with the night staff. We decided that Caroline was a worthy winner.

Our evenings are much fuller now, not only watching TV with the staff but playing board games, cards, doing puzzles or just having a nice chat before bed.

The big day its self was very enjoyable from the Christmas stockings to a gorgeous Christmas lunch, fun and games in the afternoon and a delicious supper, in fact a Christmas Day to remember!

Janet Watson joined us on New Year's Eve, playing the piano and instructing us in some Scottish dancing! We had a great time and enjoyed Janet's company. Before supper we celebrated with some fireworks, sang auld lang sine and drank a toast to the New Year.




St. George's
care without compromise

Forthcoming Events

There are lots of activities happening in the next couple of months, do join us if you can.

Life Circles Dance Project



On **Wednesday, 7th January** at **2.30pm**, Angie Ward from Life Circles will be beginning her new regular movement and dance afternoon. **LIFE CIRCLES** is a fabulous 2 year arts project working with fragile elderly. Angie trained as a dancer through **LIFE CIRCLES**, and develops and delivers quality creative sessions independently using dance, movement, music and spoken word to engage participants in one of the original **LIFE CIRCLE** settings, as part of the wider vision of supporting the lifelong creativity of older people.



Thursday, 15th January at **1.45pm**—A trip out to the **Brewhouse Theatre** to see The Wayfarers Pantomime Society perform **Beauty and the Beast**.

Friday, 13th February at **2.30pm**—**St Valentine's Day Tea Party** with music, dancing and a Valentine's Day Quiz.

