

News from St George's

Welcome to our latest newsletter. Apologies, it has been quite a while since our last edition, as we have been settling in lots of new team members. We would like to welcome them all and are so pleased that everyone is settling in well. We are fortunate to have a full and permanent team again. Even more excitingly, we have removed all of the restrictions for mask wearing now – and we will all be able to see our faces and smiles again. It's wonderful to return to normality fully.

Congratulations to our Care Manager, Helen Baker, who successfully gained her registration with CQC in January. We are very proud of Helen and her achievement, and celebrated with a small afternoon tea with her in January. Well done Helen!



Christmas wasn't quite what we'd hoped for in 2022, as we were experiencing another covid outbreak, which sadly took Barrie and Iris from our St Georges family. We will miss them both so very much. With some leftover Christmas items, the team decided to host a second Christmas Day in February so that we could enjoy the day we'd missed with ALL the trimmings. This was a huge success and everyone loved the full turkey lunch, Christmas pudding and crackers. Our staff even wore their Christmas jumpers to enhance the experience. Well done to our team, it really was such an enjoyable day to remember for everyone.



In February, we sadly lost Doris Pugsley, a huge loss to our St Georges family. Doris' family generously donated nearly £300, and we are grateful for their kindness during this difficult time. We will use this donation to enhance our residents' lives in memory of Doris. Thank you, Pugsley family. We would also like to thank the Sydenham family for their donation of £30. Your contribution is deeply appreciated and will be used to improve the well-being of our residents. Thank you, Sydenham family.



To while away the long winter months, our care staff have been working tirelessly to provide mental and physical stimulation, and have been so creative with some of the activities. Our residents have loved trying some baking, making, creating and having fun in the process. We've enjoyed horse racing, pizza making, jigsaw puzzles, games and lots of crafting. Well done in particular to Sarah, Karen, Mansi and Sleevea who really have gone the extra mile and made such a positive impact on our residents physical and mental wellbeing. We can't wait to see some of the other ideas you're currently working on!



Spring has definitely sprung and it is wonderful to see all of our bulbs and plants starting to blossom. Our residents have been really enjoying helping to plant our borders, and supervise the garden under the expert eye of our very own professional Dr Brian Savory, with his wealth of experience and knowledge in all things 'plant' related. Our garden is looking beautiful, thanks to all who have worked hard to make it such a lovely space for everyone to enjoy.



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Inspected and rated

Good



With the weather getting warmer, we have been able to enjoy more outings and external activities. It has been wonderful to get back into the local community and enjoy our beautiful region. We've been to the park to feed the ducks, to Sheppy Cider farm to celebrate a birthday and Marks & Spencer for a coffee to name but a few. We fully intend to utilise our minibus and continuing to get out and about as much as we can now, please keep your eye on our Facebook page for regular updates.



We were very fortunate to gain some grant funding via SASP (Somerset Activity & Sport Partnership) in March. We applied so that we could purchase some new activity equipment and training, and were successful to the tune of nearly £1000 worth of new items. This is amazing and will really help us to keep our lovely residents fit and active. Thank you to the SASP team. Most of the equipment has now arrived and we are enjoying trying them all out, including the motorised pedals to help leg flexibility and muscle strength.

Our in house 'shop' has had a revamp. Mansi has very kindly given it a makeover with new bunting and signage, which is looking lovely. We have also started to take the shop around the home to our residents, and it has been a huge hit....especially chocolate and sweet sales! We will trial this on a monthly basis, stocking daily essentials and treats for residents to enjoy buying personally.



Our barber, Nick, has recommenced his visits to the home, offering full barber services such as hot towel shaves, haircuts. This is a lovely addition for our male residents and will be trialled on a monthly basis initially. Bookings can be made via our care staff or Administrator.

Monthly residents meetings have been well attended and provided us with some really useful feedback on the service we provide, anything we can do better or any suggestions. We really do appreciate positive and negative feedback to help us ensure the service is meeting everyone's needs and we do ensure this feedback is acted upon. Croissants have been requested and successfully introduced every Friday, changes to the menu have also been well received and everyone is welcome (including family members) so we encourage you to please attend where possible. They are held on the first Monday of each month in the lounge at 1:30pm.

Easter was a fun time here at St Georges. We had a traditional roast lunch, and all the Easter treats and traditional chocolate and enjoyed making some beautiful crafts to decorate our home. The weather was also beautiful which made everything feel even better.



Dates for the diary...

- 1 May – we welcome back Chris our guitarist
- 1 June – music with Joe Bampton
- 15 June – culture day with an Indian theme (involving our very own St Georges staff!)


St. George's
 care without compromise

Inspected and rated

Good

