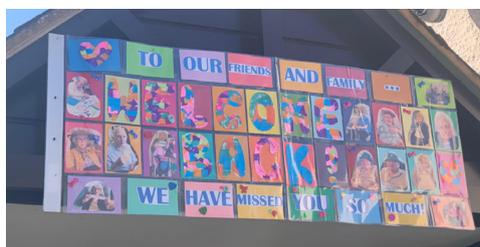


News from St George's

As we start to emerge from lockdown and the restrictions we have faced over the last year, here at St George's, we are optimistically looking forward to the Summer. We are dreaming of sunshine, ice creams and hopefully a trip to the seaside! This year hasn't been all bad though, we have enjoyed lots of celebrations and activities which have kept our spirits up. Charlotte, our Activity Co-ordinator has introduced lots of new activities, which are exciting and stimulate our senses. We must also mention how proud of each other we are: through this difficult year we have grown as a family and all looked out for each other. We are really looking forward to returning to normality as soon as possible.



Hellos and Goodbyes

We have some new members of staff to welcome - Sarah our Housekeeper and Charlotte, our Activities Coordinator. Welcome to you all and we hope you enjoy your new roles at St George's. Sadly, we also say goodbye to one of our longest serving team members, Team Leader, Aimee who is off on a new adventure. We wish you all the best of luck Aimee.



Celebrations at St George's

Springtime always brings lots of chances to celebrate. At St George's we jump at the chance to put up some decorations and have a party! Mother's Day was celebrated in style with pretty posies for all the lovely ladies at St George's along with some socially-distanced window visits. At Easter the home was filled with eggs - pretty ones and chocolate ones - and our Chefs made a special lunch with Simnel cake for an afternoon treat. St George's Day offered another excuse for a party, with bunting festooned all over the home and a special Zoom concerts for our residents.



*Joyce and Mary celebrated their birthdays in February and March. **Happy birthday to you both!** Our resident Peter and his lovely wife, Betty celebrated an incredible 65 years of marriage. **Happy anniversary from us all at St Georges.***

Heavenly Haircuts

One thing we have all missed during lockdown is a trip to the hairdressers. Fortunately, Lesley, our visiting hairdresser is back in action and has transformed all of our residents. After a wash, cut and blow dry our residents felt like a million dollars!




St. George's
 care without compromise

17 Wilton Street
 Taunton
 Somerset
 TA1 3JR

tel: 01823 275268
info@stgeorgestaunton.co.uk

www.stgeorgestaunton.co.uk

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 Care Quality Commission

Gardening

We have really embraced our gardening club, planting sunflower seeds and attempting to grow our own lettuce and herbs. As soon as it is warm enough the sunflowers will be moved out of the greenhouse and into the courtyard. Each resident has a sunflower to grow, and the staff are joining in the fun too. There will be a prize for the tallest sunflower. Keep an eye on our Facebook page to see how the flowers are progressing and who is in the lead!



Covid News

All the residents and all the staff have now received their second Covid jab and we are starting to receive garden visits and some visits in the home. All visitors are tested before the visit and PPE is worn to continue to keep our residents as safe as possible. The guidance changes so quickly and we will keep you up to date.

Activities

Ensuring the residents have a good range of activities is extremely important. And the last few weeks have been no exception! We have been doing some armchair exercises, singing and dancing to some classic tunes to improve mobility, meeting our spiritual needs by watching the St Georges Church

service every week and testing our brains with a huge variety of games and quizzes. Another important aspect of our activities is reminiscing about the past which always makes for a lively discussion whether it is about fashion, wildlife, weather or books!



Parking

With more people starting to return to St Georges, can we politely ask that everyone parks appropriately if there is space. If no allocated spaces are available in our car park, parking on Wilton Street is another option for up to 2 hours. Or there is a car park near Vivary Park if you are able. Please do not block other cars in as they are often very busy healthcare professionals and they need access at all time. Thank you.

Up and Coming:

- 12th June - Celebrating the Queen's Official Birthday
- 20th June - Father's Day
- Summer Sporting Events - Wimbledon, the Olympic Games and the European Football Championships.
- Morning coffee trip to Hawkridge Reservoir (our first outing!)
- Save the Date: 2nd September 2021 - "The Reunion Picnic"