

News from St George's



March Round Up

We started March by celebrating St David's Day. We enjoyed a welsh themed tea and watched "How green was my valley".



Mothering Sunday was celebrated with chocolates and flowers.



We also enjoyed a visit from the choir of Bishop

Henderson's School as part of their 40 good deeds for lent. They really were enchanting.

In order to enter into the spirit of Sports relief we staged our own chair based sporting challenge.

We welcomed Jan Copley who introduced us to some art therapy based on the willows and wetlands. We spent a lovely afternoon learning all about the local willow trade, and looking at some basketware. We ended the afternoon by testing our drawing skills using charcoal.

We celebrated St Patrick's Day in style with Baileys, Irish stew, and soda bread and, having satisfied our appetites, we watched "The Quiet Man".

March ended with the celebration of Easter. The Easter Bunny visited leaving Easter treats on our breakfast trays. We also enjoyed some lovely Easter biscuits and a traditional Simnel cake.

To end the month we enjoyed a visit from Dave's farm. We all enjoyed meeting some lambs, a naughty goat called Eric, some rabbits, chicks and ducks. Some of the resident's great grandchildren also shared the experience with us. It was really lovely.



April Antics

Well we certainly saw some April showers this month! However, we were determined not to let them spoil our fun. The gardening club continues to go from strength to strength and we have been planting lots of different things. Our sunflowers are really quite tall now.

We welcomed Anna Davies who came to teach us some chair based yoga and relaxation. We all really enjoyed this especially when we were able to smell the frankincense. She showed us that it is possible to enjoy simple yoga moves in a chair.

Billy our PAT dog came to visit us again and entertained us with his antics. We were pleased with a few sunny days so in true St George's style we went out for an impromptu trip in the mini bus.

Jan Copley came back to do some more art therapy with us. This time she talked to us about hedgerow flowers. We worked together to create a collage out of different materials to represent the different flowers. We then made some bookmarks using some pressed flowers. It was a lovely afternoon.



We celebrated St Georges Day in style. The house was beautifully decorated with fresh flowers bunting and flags. Steve entertained us with some beautiful singing and Danielle and her staff from Daisy Mays tearooms provided us with an amazing tea of scones and gorgeous cakes. Family and friends joined us for a wonderful afternoon.

St George's Care Home
 17 Wilton Street
 Taunton
 Somerset
 TA1 3JR
 Tel: 01823 275268

Email: info@stgeorgestaunton.co.uk
 Web: www.stgeorgestaunton.co.uk



@StGeorgesCareH



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May Memories

May saw us celebrating with our May pole and a trip down memory lane regarding May celebrations.

John French came to visit us and we enjoyed an afternoon reminiscing about old fashion sweets, sweet rationing and trips to the dentist.

We also enjoyed an introduction to computing with our silver surfing session. We looked at how to email, FaceTime and searches on YouTube. Everybody really enjoyed the afternoon and we are looking forward to the next one.



Care Awards

On the 22nd of April we put on our glad rags to attend the local care awards where Caitlin had been nominated for the new to care award. To our great delight Caitlin won. We were all delighted and a wonderful evening was had by all.

Care Quality Commission

We were recently visited by the CQC for an unannounced inspection which resulted in us gaining a 'good' across the board.

The report is very complimentary and we are all very pleased with the result.

Forthcoming Events

There are lots of activities happening in the next couple of months, do join us if you can.

We have lots lined up for June which begins with a Royal theme. Here are some of the highlights to look forward to this month.

12th June

A Right Royal Street Party—we will be joining the nation to mark the Queen's official birthday and you are very welcome to join us.



16th June

Ladies Day Royal Ascot—we will be donning our hats and having a little flutter whilst enjoying some scones and a glass of fizz.



30th June

Silver Surfing—a much anticipated follow up to our introduction to the internet last month.



We will also be continuing our daily activities which include flexercise, bingo, games afternoons and musical entertainment alongside our craft and gardening clubs which many of our residents enjoy.