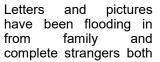
### June 2020

### Issue No. THIRTY-FOUR

# **News from St George's**

# Adapting to New Times

Certainly not the start to Spring we were all hoping with the Coronavirus outbreak hitting the UK. For us, our families, staff and many others, it has meant adapting to a new way of life in these difficult times for now. However it has definitely bought out the best in people and we have seen many examples of thoughtfulness that has blown us away!



young and old. We have loved reading them and it's been really touching to see so much kindness out there. We have been writing back where we can with words from our residents to give a little something back too.

Our carers have even received knitted yellow

poppies that were dropped off to recognise their hard work in these times. But we are slowly and steadily coming out of these challenging times and have recently created a video with a positivity message from all of us at St George's.





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# **April Antics**



Easter was celebrated in the traditional way even though altered to a religious service on television. This was followed by a yummy Easter dinner with hot cross buns of course. But we can't forget decorating our Easter tree with a few pairs of hands to help, and a festive visit from the Easter Bunny.

St Georges day was another hit with bunting



all over. We sang and waived our flags and there was plenty of cake and delicious red strawberries. It's safe to say everyone had a smile on their face.

Summer Celebrations



A delightfully decorated table for two was laid outside in the garden to celebrate Tony and Hazel's 70<sup>th</sup> wedding anniversary.

Despite the unusual circumstances they had a wonderful meal, cake, a bottle of fizz (or two!) and a mountain of cards and flowers that had been received in the post from friends and family! They reminisced about their special day and thoroughly enjoyed the effort everyone had made.

Random acts of kindness had started to arrive at the home too with people sending all kinds of considerate gifts. Some were even from our Amazon wish list and helped us here at the home to enjoy our time with a real sense of solidarity.



Birthdays are always an exciting time here and recently we've been wishing Iris, Colin and Dorothy many happy returns! Catch the balloon got us moving with sing-a-longs of our favourite songs, and of course birthday cake.





Facebool

Inspected and rated



## **Marvellous May**



VE day here felt very special celebrating the 75 year anniversary. Stories were shared about the war by our residents and lots of commemoration TV (including the fly past) was watched to honour the war efforts.



The table was laid with decorations and a fancy roast was eagerly anticipated. Naturally this was followed by a party with jam and cream scones, bunting and flags.

Vera Lynn kept us singing and flag waiving all afternoon with our residents teaching some of our younger staff.



One Wednesday afternoon we were overjoyed to have Phoebe (usually one of our night staff) come in and sing for us! This was very exciting as she usually performs on cruise ships around the world. We had a wonderful time and loved joining in with the songs.



Spring is always the time for new life, so we planted some sunflowers

in pots inside to be able to watch them grow. Then we expanded to the flower bed outside, brightening it up with some new bedding plants. This was all helped by the sunshine and our gardener, Garry, who leant a hand.



Socially distanced visits in the garden for family have been arranged which has created lots of excitement and smiles amongst us all! There has been a lot of reuniting and lovely chats going on.

Family members must organise visits via email with Beth, as these can be by prior arrangement only. Please do not arrive unannounced.

# Forthcoming Events & News in Brief

There are lots of Activities coming up at St George's ...look out for your email update !

Our activities are still up and running and we have even more to look forward to including:

- Ellies' carnival talk with some wonderful videos
- Bird House building and painting
- Isolated minibus trip
- Pom Pom making
- Relaxing face masks
- Board Games



#### New Staff

We'd like you to join us in welcoming a handful of new staff. They are a friendly bunch and are becoming a great asset to our care team.

#### **Team Birthdays**

We have some big staff birthdays coming up which we can't forget— Aimee will be a big 30, and Karen S will be reaching the grand 60! We can't wait to help

them celebrate!



