

# News from St George's

Welcome to our latest newsletter with all of the information on what we have been doing here at St Georges recently. We have had a busy and active few months here with lots of interesting activities including the Kings Coronation celebrations, Flower Shows, birthday festivities and lots of trips for coffee and cake!

Firstly in May we celebrated the Kings Coronation. With life sized cardboard cut outs of both King Charles III and Queen Camilla, it was like they were in the room celebrating with us! The V Day Dollies provided the wonderful entertainment performing a mini concert and we also invited a local church parishioner who lives alone to join us for the day as part of the Big Shout Out scheme.



The staff took a lot of time & care to decorate the home with bunting and lots of red, white and blue. We even had a 'Yarn Bomb' with lots of crochet and knitted decorations which had been so kindly donated by local volunteer crafters. It was a wonderful day and of course we had a ring side seat to watch all of the proceedings on our large TV screen.



In July we celebrated two milestone birthdays.....on the same day! Betty turned 100 and Gladys turned 90, so it was a day of celebration for everyone at St Georges including lots of cake and a visit from the Deputy Mayoress, Vanessa Garside. Thank you to all the staff who worked hard to make this so special for Gladys & Betty. There were smiles all round and it is lovely to be able to celebrate again in person, without masks.



We have also been able to get out for trips in our minibus again. Trips have included tea at Maunsel Lock, where Colin met up with his son and grandson. Willowbrook garden centre was also enjoyed by our ladies for a potter amongst the plants and a cuppa.



  
**St. George's**  
care without compromise

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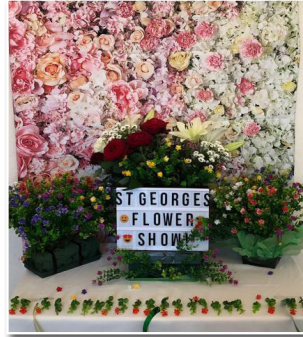
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Activities have also been varied and plentiful within the home too. Our mobile shop is proving popular, with a trolley full of useful goodies and sweets being available on a monthly basis to enable our residents to maintain their independence by purchase items themselves. We had our very own in-house Taunton Flower Show, where staff created a flower show display within the home which could be enjoyed by everyone. A very welcome splash of colour on the wet rainy days we have experienced a lot recently. The actual Taunton Flower show itself was also attended by some staff and residents, a firm annual favourite with us. Cookie baking for national chocolate chip cookie day and a game of twister to keep the staff fit have also featured in our recent events.



Our exercise classes continue with the new equipment, and residents have enjoyed some armchair activities including the motorised pedals. Great for building strength in legs and keeping everyone active.



We had our first Indian culture day and this proved to be a great success. Our Indian colleagues kindly dressed up in their traditional costume, produced some floral displays and danced to showcase their culture for our residents to enjoy. We also enjoyed some yummy tasters of their traditional foods, such as pakora's and milk pudding. Thank you to all of our wonderful Indian colleagues for their time and effort. It was a lovely afternoon.

Sadly, we said goodbye to Phyllis, who passed peacefully away in June and also Lin who retired after being a part of our care team for many years. We thank Lin for all her hard work and we wish her a long and very happy retirement. Hope she enjoyed her celebrations on her last day, we will all miss her.



As you will be aware we are currently engaging in the Gold Standards Framework in End of Life Care. We are working our way through all of our Advanced Care Plans, which are an important part of our care records. Emails are being sent out to all of our residents next of kin, to ask for your input with these. We do appreciate these are difficult conversations, but please could we urge you all to engage with us and reply. This will ensure we have all the information required when end of life care is needed, and prevent us asking difficult questions at a very emotional time. Thank you in advance for your help with this.

*Please could we kindly ask that our families continue to log in every time they visit, to comply with our fire regulations.*

Inspected and rated

Good